



ARE YOU READY FOR THE HISTORY CENTER DECATHLON?

1 Take the circular stairs to **Kidsburgh** to learn how cow's milk becomes ice cream and about milk from other plants and animals. Kids take the slide. Adults take the stairs back to the Great Hall.

i **IT'S A FACT**
During WWII, when gasoline was rationed, some Isaly's stores continued home delivery of dairy products using horse-drawn trucks.

2 Skip the elevator and take the staircase to **Pittsburgh: A Tradition of Innovation**. Walk through 16,000 years of history from the Meadowcroft Rockshelter to the eco-friendly loft space. You walked about a quarter of a mile.

i **IT'S A FACT**
What was the real Paleo diet? About 3,000 years ago, Native Americans that inhabited the area around Meadowcroft domesticated plants like corn, beans, and squash in addition to hunting and fishing for food.

3 In the **Sports Museum**, check out the Track and Field section and try the long jump. How do you compare to Herb Douglas?

4 In the **Sports Museum**, learn about Latrobe's Arnold Palmer and see if you can hit a hole-in-one at the famous "church pews" at Oakmont Country Club.

i **IT'S A FACT**
It's never too late to start. Local industrialist H.C. Fownes and his son W.C. Fownes Jr., designed the Oakmont Country Club course, though he had no design experience and didn't begin playing golf until his early 40s.

5 In the **Sports Museum**, learn about the traditional Italian game of bocce. Choose a partner and play a game.

6 In the **Sports Museum** on the third floor... Are you a Monday morning quarterback or the real thing? Try to throw the football to John Stallworth or Lynn Swann.

i **IT'S A FACT**
Lynn Swann was noted for his grace as well as athleticism on the field. He attributed this to beginning dance lessons at age eight.

7 In the **Sports Museum** on the third floor... Is basketball your game? How high can you reach on the vertical leap?

i **IT'S A FACT**
The Monticello Athletic Association formed a basketball team in 1911 led by their best player, Cum Posey. Posey also played for, managed, and later owned the legendary Homestead Grays baseball team.

8 Did you see every section of the **Sports Museum**? You walked approximately .4 of a mile.

9 Walk through all the "ethnic neighborhoods" in the **Special Collections** gallery. If you've traversed every street you've walked another .1 mile.

10 Don't forget to take the **SmartSteps** between floors. Get your card punched on each of the floors, then take it to the Museum Shop for a prize.