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Sports Museum to Host NFL PLAY 60 Training Day on Jan. 31
- Kids are invited to get their bodies moving and brains buzzing with activities throughout the museum -

PITTSBURGH, Jan. 14, 2026 – As Pittsburgh prepares for the NFL Draft in April, the Western Pennsylvania Sports Museum at the Senator John Heinz History Center will host its annual NFL PLAY 60 Training Day to challenge kids to get up and get active. Presented by **DICK'S Sporting Goods**, NFL PLAY 60 Training Day will kick off on Saturday, Jan. 31, from 10 a.m. to 2 p.m., one week before pro football's biggest game.

Children of all ages can score big throughout five floors of activities:

- Train like a pro in the mini-NFL Combine with a series of quick-hitting drills
- Discover the region's incredible sports history while completing a list of physical challenges throughout the Sports Museum
- Unleash your creativity and best moves in the popular touchdown celebration contest
- Step off the sidelines and compete for exciting prizes and special giveaways from **DICK'S Sporting Goods** throughout the day

The NFL PLAY 60 Training Day will include activities from local community organizations like Special Olympics Pennsylvania, P3R's Kids of STEEL, Pittsburgh Flag Football League, WPIAL, and more.

This event is held in partnership with the Pittsburgh Steelers and NFL PLAY 60, the National Football League's health and fitness campaign to encourage young fans to be active for at least 60 minutes a day.

Kids aged 17 and under always receive free admission at the History Center through the Kamin "Free for Kids" Initiative.

Parents and caregivers are invited to be spectators and cheer on their players during the program. They should plan to remain on-site at the museum while their player participates. Regular admission applies for adult visitors.

For more information and to register in advance for the event, please visit heinzhistorycenter.org/events.

The **Senator John Heinz History Center**, an affiliate of the Smithsonian Institution and the largest history museum in Pennsylvania, presents American history with a Western Pennsylvania connection. The History Center was voted as the #1 history museum in America by readers of USA TODAY (2024, 2025) and “Pittsburgh’s Best Museum” by Pittsburgh Magazine (2022, 2023, 2024). The History Center and Sports Museum are located at 1212 Smallman Street in Pittsburgh’s Strip District. The History Center’s family of museums includes the Sports Museum; Fort Pitt Museum in historic Point State Park; and Meadowcroft Rockshelter and Historic Village, a National Historic Landmark located in Avella, Pa., in Washington County. The History Center and Fort Pitt Museum are always free for kids, supported by the Kamin “Free for Kids” Initiative. More information is available at heinzhistorycenter.org.

Presented by



The Sports Museum at the Heinz History Center is challenging kids to get up and get active at the NFL PLAY 60 Training Day, presented by **DICK'S Sporting Goods**, on Saturday, Jan. 31, from 10 a.m. to 2 p.m.

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